



DEMENTIA FRIENDLY NCT NEWSLETTER

Welcome to your new monthly Newsletter!

Welcome to what we hope will be the first of many news updates from our Dementia Friendly NCT project. Over the past few months there have been many challenges and changes not least, the resignation of the Project Co-ordinator. I'm sure you will all agree that Marie has done a great job providing continuity of care through Wellbeing Checks and supporting those who need it, during this time.



The past few months have been extremely hard for everyone, but we have been blown away by your determination to make the most of it and your resilience when the going got tough, so a huge well done to you all!

This newsletter is to keep members of the group up to date on the latest developments within the project and also where you can share your good news and achievements with everyone. We would encourage you to send us photos, information, stories and anything else you would like to share with those who aren't always able to meet face-to-face. We would love to hear what you have been up to this past few months!

Steering Group

We are very keen to keep our steering group active. The Steering Group will help us shape the project and steer the project in the direction YOU want to take it! It's your chance to be represented within NCT and to tell us how best you can be supported.

Email

maryanne@nctcentre.co.uk
or call the number below if
you are interested.



Recruitment

We are now recruiting for a new part-time co-ordinator for the project, who will have funding in place until May 2021.



We hope you will all be able to meet them very soon, either in the café, or via online video call. We will keep you posted!

Newmains Community Trust

15 Manse Road Newmains ML29AX
01698 386 403

Lanarkshire Carer's Centre

Unit 1a Princes Gate, 60 Castle
Street, Hamilton, 01698 428090

Alzheimer's Scotland

24 hour Freephone Dementia
Helpline: 0808 808 3000



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Feeling Digitally Excluded?



We have iPads and mobile internet dongles that we can give to anyone who is isolated or lonely due to lack of communication equipment or internet connection. We are also working on an easy 'how to' guide for those who are not very confident and we will be at the end of the phone if you need help. You can keep it for as long as you need and give yourself time to get to grips with it!

To sign up, email maryanne@nctcentre.co.uk or call 01698 386 403

Art

We have a number of items from the art club in the office that have been left. If anyone belongs to them and you would like them back, please get in touch to arrange collection. If you don't want it, let us know so we can recycle them.



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